



## CASE STUDY | THE ACORNS PRIMARY AND NURSERY SCHOOL

Background	Pupils don't really have an understanding of benefits of exercise therefore not many participate in sports or physical activities.
Name of School	The Acorns Primary and Nursery School
School Representative	Nathan - PE Co-ordinator
Why did you take gymnastics?	CPD for teachers which helps with Ofsted as it gives them a good reason for using an external provider. Hopefully teachers will be able to deliver gymnastics if funding runs out from CPD experience.
What have been the 3 main benefits of working with Beth Tweddle's School Gymnastics?	<ol style="list-style-type: none"> <li>1) Engage pupils who lack ability but also to challenge those that do have the ability.</li> <li>2) Experience for children and staff to work with specialist coaches.</li> <li>3) High quality provision, good exposure for the children.</li> </ol>
How have you found the programme's structure and delivery?	<ul style="list-style-type: none"> <li>-Well planned, organised, detailed</li> <li>-Individual teaching as well as whole group teaching during classes</li> <li>-Children are challenged individually, appropriate to their own ability</li> </ul>
What do the pupils have to say?	First names, year group and small quotes would be ideal





## TEACHER COMMENTS

“ The sessions are delivered well and the children love knowing that there is a professional leading the lesson! They show her a lot of respect and admiration for what she does. Mrs Farndon shows excellent management of the children - we have only had to intervene with 2 children with behavioural problems, and this is rare. The children have made clear progress and I would feel confident to assess them through my observations during the lessons. All children, regardless of their physical ability, are encouraged and challenged appropriately during the sessions and they are all given the chance to shine. I love the certificates that get handed out - this really boosts their confidence and engagement. They all want to do their best to be celebrated at the end of the session. ”

**Year 5 Teacher**

“ I have to say that I think the gymnastics in the hall is very well planned and suitable to our class, the children enjoy the sessions, we have been supplied with planning for the sessions and the coaches are very professional. Coaches also award the children with certificates for stars of the week and they are given to children for sportsmanship, improvement, participation and not just ability which is what we are all about as a school. ”

**Year 6 Teacher**

## COMMENTS FROM THE COACH

“ I have loved teaching at Acorns school, it has been a pleasure to teach their pupils who have been extremely well behaved and keen to learn new skills in every lesson. Teachers have been very welcoming and supportive during my lessons and reinforced the yellow card system throughout my lessons to encourage discipline. I look forward to continuing our programme after half term. ”

**Susan Farndon**

## COMMENTS FROM STUDENTS (YEAR 5)

“ It's fun because you get to do lots of things like cartwheels and rolls. ”

**Jasmine Burke**

“ I like doing the jumps off the benches because we use all our shapes. It's better than the teacher doing it because we get to do much more stuff. ”

**Kacie - May Dodd**

“ I like the stretches and warm up because its stretching my muscles. I like the benches because it helps us learn cartwheels better and its fun. ”

**Connah Tinman**