

KEEPING YOUR CHILD SAFE IN GYMNASTICS

A GUIDE FOR PARENTS

- When your child is taking part in gymnastics, we want them to have fun in a safe environment
- We want you to be confident that your child is safeguarded and protected whilst doing gymnastics with Beth Tweddle Gymnastics
- Below is some information on how to ensure this and some useful information as to what measures we have in place and who is here to help you



YOUR CHILD

IT IS IMPORTANT THAT YOUR CHILD HAS FUN AND IS HAPPY DOING THEIR GYMNASTICS WITH BETH TWEDDLE GYMNASTICS. BTG WILL WORK WITH YOU TO CREATE AN ENVIRONMENT WHERE YOUR CHILD KNOWS:-

- Not to worry about progression or failure
- Always to enjoy the sport
- What is good practice from coaches
- What is not acceptable coaching (poor practice)
- That they can tell someone or talk to someone if they have a concern or are worried about something
- Who they can talk to in the gym if they are worried about anything



YOUR CHILD SHOULD ALWAYS KNOW THAT THEY CAN SAY NO IF THEY DO NOT WANT TO DO SOMETHING

YOU, THE PARENT

A PARENT CAN HAVE A BIG INFLUENCE ON A CHILD'S ENJOYMENT AND DEVELOPMENT IN GYMNASTICS. YOU CAN HELP THEM BY POSITIVELY SUPPORTING THEM THROUGHOUT THEIR GYMNASTICS JOURNEY WITH BETH TWEDDLE GYMNASTICS WHICH WILL HELP THEM TO:-

- To enjoy their gymnastics experience
- Learn basic fundamental skills
- Learn life skills and develop as an individual
- Be motivated to learn and engage in their class
- Create new friends and have lots of fun



SAFEGUARDING

**SAFEGUARDING IS EVERYONE'S
RESPONSIBILITY AND SAFEGUARDING AND
PROTECTING CHILDREN IS SOMETHING THAT
BETH TWEDDLE GYMNASTICS TAKES VERY
SERIOUS**

If you have any concerns about your child or about anything that you have seen then you should report this immediately

You can report this to:-

- Your child's coach
- Beth Tweddle Gymnastics Safeguarding lead - Susan Farndon or Hannah Humphries. Please see details below.

If you feel that a child or young person is in immediate danger then you should call 999





BETH TWEDDLE GYMNASTICS PROCESSES IN PLACE TO SAFEGUARD CHILDREN AND YOUNG PEOPLE

- Safeguarding policy and processes
- A safe recruitment process including DBS checks
- Safe environments provided
- Promoting child/young person welfare
- Qualified staff with safeguarding training
- First aid trained staff
- Emergency contact details for our gymnasts
- Codes of conduct for everyone involved in Beth Tweddle Gymnastics
- Making sure our families and gymnasts know where to go if they have a concern

Your Safeguarding Lead is:



Susan Farndon

Contact:

welfare@btgymnastics.co.uk

susan.farndon@btgymnastics.co.uk

0161 9790611 / 07825 551 746

Your Deputy Safeguarding officer is:

Hannah Humphries:

hannah.humphries@btgymnastics.co.uk

0161 979 0611 / 07841 029 071